

Activity Guide - December 2026

Exciting New Website!

The District's website is getting a fresh new look! Seniors Programs is excited to welcome a more user-friendly online experience, making it easier for our members to find information and stay connected.

Holiday District Closure

Please note that our office will be closed for the holiday season from December 24, 2026, to January 4, 2027.
We wish all our members a happy, healthy, and joyful holiday season! Thank you for another wonderful year. We look forward to welcoming you back in the new year for another successful year of programs, activities, and connections.

705-645-2100 ext. 4199 OR (Toll Free) 1-800-461-4215 ext. 4199
seniorsprograms@muskoka.on.ca
www.muskoka.on.ca/seniors-programs
Funded in part by: Ontario

WISE Mobile Active Living Centre

THE DISTRICT MUNICIPALITY OF MUSKOKA

We offer a variety of programs to help older adults stay active, connected, and engaged. Programs are available in-person, online, and by telephone. All programs are free, and everyone 55+ is welcome.

How to Join:

1. Become a member
2. Register for the programs of interest, one week in advance.
3. Stay Connected by subscribing to emails and program reminder calls.

Need help? Contact our team by calling 705-645-2100 ext. 4199 or emailing us at seniorsprograms@muskoka.on.ca.

Birthday Club

Join our Birthday Club and receive a birthday card through postal mail from one of our amazing volunteers in our Care Card Committee. Contact us to sign up today.

Accessibility

Accessibility varies by location. If you have specific accessibility needs or questions about a location, please call 705-645-2100 ext. 4199. We can help you find a program location that meets your needs.

Program Feedback

We want to hear from you! Fill out the Program Feedback Form online to share your thoughts on any programs you've attended. Feedback helps us improve our participant-driven programming across Muskoka.

Weather Cancellations

Programs may be delayed or cancelled during severe weather. If a program is cancelled, we will contact registered participants by automated phone call and, when possible, by email. Always use your own discretion when attending programs and drive according to conditions.

SmartStart - Smartphone Workshops for Older Adults

Introducing SmartStart, a welcoming, beginner-friendly workshop designed to help older adults feel more confident, comfortable, and connected when using a smartphone. Whether you are brand new to smartphones or would simply like a refresher on the basics, this 6-week program will provide practical, hands-on learning in a supportive small group environment.

SmartStart is designed in partnership with our older adult volunteer advisory committee and Literacy Society of South Muskoka to empower older adults on how to use technology in ways that support independence, communication, safety, and everyday convenience.

No advanced experience is required—just bring your smartphone, your questions, and a willingness to learn. Join us for SmartStart and take the first step toward feeling more in control of your device and more connected to the people, services, and information that matter most.

Online (Group 1)
Tuesdays from 2:00 pm to 4:00 pm on Zoom
Starting January 12, 2027 running until February 16, 2027

Online (Group 2)
Wednesdays from 10:00 am to 12:00 pm on Zoom
Starting January 13, 2027 running until February 17, 2027

Severn Bridge Community Hall
Wednesdays from 10:00 am to 12:00 pm
Starting February 24, 2027 running until March 31, 2027

Registration for each series opens on Friday, December 18, 2026, limited spots available! Please indicate in your registration whether your device utilizes iOS (Apple iphone) or Android (Samsung or other type of device) when registering.

Community Locations

WISE offers in-person programs at select rural communities across Muskoka. Locations are listed by town/townships alphabetically, we hope to see you at a location near you!

Please register one week in advance for programs.

Aspdin Community Hall - 2626 Aspdin Road, Huntsville	
Thursday, December 17, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Minute To Win It
11:00 - 12:00 pm	Chronic Pain Management – NSM, Self-Management Program
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	Holiday Cookies in a Jar
Baysville Autumn Leaves Centre - 12 University Street, Baysville	
Thursday, December 10, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Game
11:00 - 12:00 pm	Social Media 101 - Gravenhurst Public Library
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	Holiday Linocuts Cards

Beaver Ridge Estates - 1007 Racoon Rd, Gravenhurst	
Wednesday, December 23, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Minute To Win It
11:00 - 12:00 pm	Demand-Responsive Transit (DRT) – District of Muskoka
12:00 - 1:00 pm	Lunch – To Be Determined
1:00 - 2:00 pm	DIY Craft - Custom Holiday Aprons
Dwight Lakeview Seniors Centre - 1004 Dwight Bay Rd, Dwight	
Thursday, December 3, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Minute To Win It
11:00 - 12:00 pm	Smartphone Fraud Prevention & Safety - OPP
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	DIY Craft - Custom Holiday Aprons
MacTier Memorial Arena - 9 Haig St, MacTier	
Thursday, December 17, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Hot Chocolate Treat DIY
11:00 - 12:00 pm	Putting Your Best Foot Forward - Reg. Physiotherapist
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	Holiday Heat Bags Craft

Milford Bay Community Centre - 1020 Beaumaris Rd, Milford Bay	
Wednesday, December 2, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Minute To Win It
11:00 - 12:00 pm	Mental Health & Aging Well –NSM, Specialized Geriatric Services
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	Holiday Cookies in a Jar
Port Severn: Baxter Ward Community Centre - 279 Honey Harbour Road	
Thursday, December 10, 2027	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Minute To Win It
11:00 - 12:00 pm	Waste Management in Muskoka – District of Muskoka
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	Holiday Cookies in a Jar
Port Sydney Community Hall - 607 Muskoka Rd 10, Port Sydney	
Wednesday, December 9, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Game
11:00 - 12:00 pm	Smartphone Photography
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	Holiday Craft

Raymond Community Centre - 2013 Highway 141, Raymond	
Thursday, December 3, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Minute To Win It
11:00 - 12:00 pm	Active Aging – NSM, Specialized Geriatric Services
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	Holiday Cookies in a Jar
Severn Bridge Community Hall - 1035 Southwood Rd., Severn Bridge	
Tuesday, December 15, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Minute To Win It
11:00 - 12:00 pm	Pharmacy Talk - Pharma Choice Gravenhurst
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	DIY Craft - Custom Holiday Aprons
Torrance Community Centre - 1030 Torrance Rd., Torrance	
Tuesday, December 22, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Hot Chocolate Treat DIY
11:00 - 12:00 pm	Putting Your Best Foot Forward – Reg. Physiotherapist
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	Holiday Linocut Cards

Vankoughnet Village Square - 1198 Vankoughnet Rd, Bracebridge	
Tuesday, December 8, 2026	
10:00 - 10:30 am	Coffee/Tea Social
10:30 - 11:00 am	Holiday Minute To Win It
11:00 - 12:00 pm	First Aid/CPR – Muskoka First Aid
12:00 - 1:00 pm	Lunch - Sweet Ham with Scalloped Potatoes
1:00 - 2:00 pm	DIY Craft - Custom Holiday Aprons

WISE Without Walls (Telephone Program)

WISE Without Walls offers a variety of health talks, general interest topics, games, and information to keep you engaged and part of an exclusive community of individuals. Please contact us to register.

Monday, December 7 11:00 am – 11:45 am	Games Day	**Card BINGO with Prizes!** You'll need a deck of cards and a little bit of luck to play our version of BINGO over the phone.
Wednesday, December 16 1:00 pm – 2:00 pm	Wellness Wednesday	**Foot Health & Orthotics - BioPed Footcare** Our feet support us every day, yet we rarely take the time to check in on their health. Join us as a Certified Pedorthist from BioPed Footcare discusses how caring for your feet is an important part of maintaining overall comfort, mobility, and well-being as well as why orthotics can make a huge impact on your overall health.
Friday, December 18 1:00 pm – 2:00 pm	Anything Goes	**Origins of Holiday Traditions – Podcast** Let's take a look at where some of our more common holiday traditions originate from in this holiday inspired history lesson.
Monday, December 21 11:00 am – 11:45 am	Games Day	**Holiday Trivia** Name that tune, finish the phrase, movie trivia and everything in between. However, you celebrate, drop in and test your knowledge and bring your holiday spirit!