

## Friendly Visitor Volunteer

### Purpose of Position:

- To engage and provide companionship to older adults who are isolated or at risk of becoming isolated.

### Qualifications:

1. Interest in spending time with older adults
2. Patient, respectful, friendly, reliable, and punctual
3. Willingness to participate in training programs (as required)
4. Willingness to obtain a Vulnerable Sector Check
5. Willingness to sign an oath of confidentiality
6. Access to transportation in order to visit older adults in rural areas

### Roles and Responsibilities:

1. To develop a visiting schedule that is mutually agreeable between the volunteer and older adult
2. To develop a relationship by identifying activities and topics of common interest
3. To build trust by visiting on a consistent, dependable basis
4. To respect confidentiality
5. To keep touch with the program coordinator and report any changes in the older adult's situation
6. To attend volunteer meetings and training sessions as required

### Orientation and Training:

1. Initial orientation to agency and program
2. On the job training provided
3. Additional training workshops are offered as needs and opportunities are identified

Time: Within The District Municipality of Muskoka business hours

Location: Flexible, in Muskoka in a community near you.

Commitment: Minimum one hour weekly visits, works around you and the participant schedules.

Supervisor: Jenn Middleton, Program Information Coordinator  
The District Municipality of Muskoka  
705-645-2412 ext.4480  
jennifer.middleton@muskoka.on.ca

### Benefits:

- Increase social opportunities
- Form new relationships
- Sense of purpose in helping others
- Formal and ongoing recognition

