

Cooking Across the Generations

Purpose of Position:

- To assist in the implementation of the Cooking Across the Generations intergenerational program.

Qualifications:

1. Willingness to collaborate with other stakeholders involved in the program (!MPACT Café and EarlyON)
2. Interest and knowledge in cooking and meal preparation
3. Ability to communicate ideas and explain concepts in an understandable way
4. Patient, friendly, reliable, and punctual
5. Willingness to participate in training programs (as required)
6. Willingness to commit to one workshop location, three dates per workshop
7. Willingness to obtain a Vulnerable Sector Check
8. Willingness to sign an oath of confidentiality
9. Must be at least 55 years of age or older

Roles and Responsibilities:

1. To promote healthy and nutritious eating in the community
2. To assist with project preparation prior to the start of the program
3. To collaborate and share information with the staff at !MPACT Café and EarlyON
4. To communicate the needs and challenges of the community you are representing in terms of food security and food access
5. To promote community growth through the program
6. To promote safe food handling and preparation
7. To recruit other volunteers (over 55) to help facilitate the workshops in the community
8. To attend volunteer meetings and training sessions

Orientation and Training:

1. Initial orientation to agency and program
2. Safe Food Handling Certificate – provided by Seniors Programs and Services

Locations: Baxter-Ward Community, 279 Honey Harbour Rd, Port Severn
Bala Community Centre, 1008 Maple Avenue, Bala
Dwight Community Centre, 1014 Dwight Beach Rd, Dwight
MacTier Memorial Arena, 9 Haig Street, MacTier
Raymond Community Centre, 2013 Highway 141, Utterson

Commitment: Three workshop dates at one of the above mentioned locations.

Supervisor: Krysia Schafer, Older Adult Outreach Coordinator
Seniors Programs and Services, The District Municipality of Muskoka
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Benefits:

- Pass on knowledge and experience to families and children in the community
- Increase social opportunities
- Sense of purpose in helping others

