



## Monthly Spotlight

July is picnic month at Seniors Programs and Services! Please be sure to join us at one of the events for some fabulous food, excellent conversation, and lots of fun!



705-645-2100 ext. 199 OR (Toll Free) 1-800-461-4215, ext. 199  
seniorsprograms@muskoka.on.ca  
[www.seniorsinmuskoka.ca](http://www.seniorsinmuskoka.ca)

# W.I.S.E. Summer Picnics

We hold summer picnics in July in place of our regular W.I.S.E. Clubhouse programs. This is an excellent opportunity to enjoy the summer weather and connect with participants from other communities. Although picnics have been planned for each group based on location proximity, you are welcome to attend any picnic even if your group is not listed below a certain location.

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## **Annie Williams Memorial Park, 50 Santa's Village Rd., Bracebridge**

**Friday, July 6**

**Theme: Summer Fun**

10:30 am—12:30 pm    Bracebridge and McVittie Place Groups

Please note, in case of rain, we will meet at McVittie Place, 102 Pine Street, Bracebridge.

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## **Port Severn Park, 39 Minten's Lane, Coldwater**

**Tuesday, July 10**

**Theme: Summer Fun**

10:30 am—12:30 pm    Port Severn and MacTier Groups

Please note, in case of rain, we will meet at Baxter-Ward Community Centre, 279 Honey Harbour Road, Port Severn.

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## **Muskoka Lakes Museum, 100 Joseph Street, Port Carling**

**Wednesday, July 11**

**Theme: Summer Fun**

10:00 am—12:00 pm    Port Carling and Milford Bay Groups

Explore the history and heritage of Muskoka Lakes during our visit to the Muskoka Lakes Museum. Afterwards we will enjoy an outdoor picnic lunch and lawn games on the island. Please note, in case of rain, we will meet at the Port Carling Community Centre, 3 Bailey Street. Cost: Pay what you can.

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## **Lions Pavilion, 821 Bay St, Gravenhurst**

**Thursday, July 12**

**Theme: Summer Fun**

12:30—2:30    Torrance, Severn Bridge, and Ryde Groups

Enjoy a picnic lunch at the Gravenhurst Wharf followed by a guided tour through Muskoka Discovery Centre. Cost: Pay what you can.

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## **Baysville Autumn Leaves Centre, 12 University Avenue, Baysville**

**Friday, July 13**

**Theme: Summer Fun**

10:00 am—12:00 p.m.    Ullswater and Baysville Groups

# July W.I.S.E. Clubhouses

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## Torrance Community Centre, 1030 Torrance Road

**Wednesday, July 4**

**Theme: Camp Out**

- |            |  |
|------------|--|
| 10:30 a.m. | Meet and Greet   |
| 10:45 a.m. | Katelynn on Violin   |
| 11:30 p.m. | Healthy Aging Series—Exercise, Posture and Staying in Good Condition |

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## MacTier Memorial Arena, 9 Haig Street

**Thursday, July 19**

**Theme: Camp Out**

- |            |  |
|------------|--|
| 11:00 a.m. | Meet and Greet   |
| 11:15 a.m. | Healthy Aging Series—Exercise, Posture and Staying in Good Condition |
| 12:15      | Lunch  |

# August W.I.S.E. Clubhouses

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## Torrance Community Centre, 1030 Torrance Road

**Wednesday, August 1**

**Theme: Gone Fishin'**

- |            |   |
|------------|---|
| 10:30 a.m. | Urban Pole Walking                            |
| 11:30 a.m. | Healthy Aging Series—Nutrition and Continence |
| 12:30 p.m. | Lunch   |

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## MacTier Memorial Arena, 9 Haig Street

**Thursday, August 16**

**Theme: Gone Fishin'**

- |            |   |
|------------|---|
| 11:00 a.m. | Healthy Aging Series—Tools to Stay Safe and Independent |
| 12:15 a.m. | Lunch   |
| 1:00 p.m.  | History and Culture of Tea—Craig Denstedt, Tea Infusion |

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Please note that activities and themes are subject to change.

# H.A.P.P.Y. Day

Save the Date:

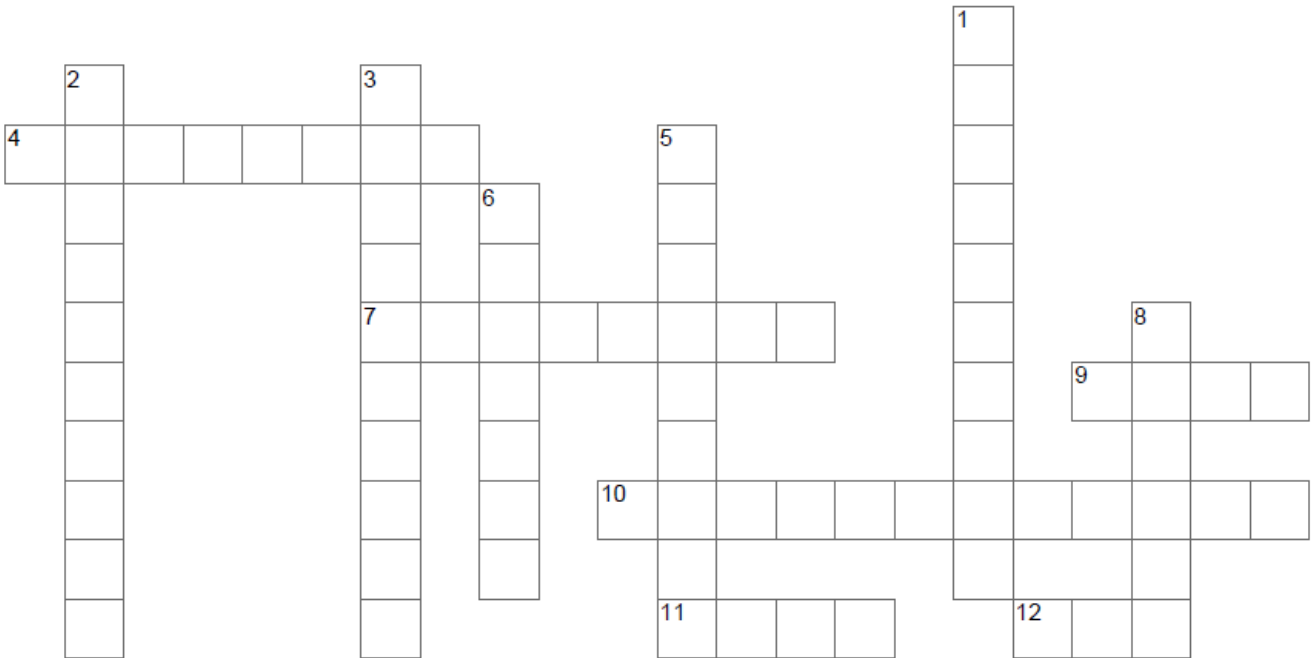
**Port Sydney**

Monday, October 15, 2018

9:00 a.m. to 3:15 p.m., Port Sydney Community Hall

607 Muskoka Road 10, Port Sydney

[www.seniorsinmuskoka.ca](http://www.seniorsinmuskoka.ca)



## ACROSS

4. To cook outdoors on a grill
7. Beverage made of lemon
9. The month at the beginning of summer
10. Independence Day
11. What you can do at the beach?
12. Opposite of cold

## DOWN

1. A big fruit you can eat in summer
2. What you can make at the beach with sand?
3. Protective eyewear
5. Time off from school
6. Sleeping in a tent
8. The month at the end of summer