

## Muskoka Community Health Hubs Update Summer 2016 Edition

### Welcome

Muskoka's five Health Hubs have been busy raising community awareness with grand openings, tours and dedications. Patient numbers continue to grow, as do the number of services offered by the Hubs. Mailings have gone out across the district to let permanent and seasonal visitors know about the primary health care available in their communities.

### Dorset Health Hub

Nurse Practitioner: Candice Bray  
Admin Assistant: Katie Olson  
705-766-0866

Dorset has about 160 patients registered. Their Facebook page ([facebook.com/Muskoka-Community-Health-Hub-Dorset-Site-774281782673692](https://facebook.com/Muskoka-Community-Health-Hub-Dorset-Site-774281782673692)) is kept current with events, closures and general happenings.

On June 5th a team of volunteer gardeners helped to create a "Healing Garden" at the Hub, designed by Bark Ecological Gardens & Nursery and featuring an original sculpture by Dorset artist Elise Muller.



An open house took place on June 11th, and a naming ceremony was held on July 9th, where sponsors and donors were recognized.

The Hub's summer student, Carolyn Dinnarr, just completed her first year of the RN program. She is helping with administration, taking patients' vital signs and organizing events.

With the help of the Table Food Bank Huntsville the Hub now has crisis bags that can be given to clients facing difficulties with food security. The bags are filled with non-perishable food items and toiletries.

Full time and seasonal residents welcome! Please call ahead to book appointments.  
For contact info and schedules visit [www.muskokahealthlink.ca](http://www.muskokahealthlink.ca)

 [facebook.com/muskokahealthhubs](https://facebook.com/muskokahealthhubs)

## Port Carling Hub

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Nurse Practitioner: Meagin Gilchrist  
Admin Assistant: Nancy Beauregard  
705-765-7665

The newly constructed Port Carling location held an open house on June 3rd. Community members were invited to drop in, meet Hub staff and tour the Hub facilities.



## Mobile Hub

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Nurse Practitioner: Jennifer Grando  
Assistants: Julie Freeburn, Tracy Baverstock  
1-866-545-0811

The Mobile Unit now stops in Port Sydney (Mondays & Tuesdays), Severn Bridge (Wednesdays) and Vankoughnet (Thursdays).



## Port Severn Hub

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Nurse Practitioner: Donna Kearney  
705-762-1274

The Port Severn Hub is open on Mondays only, by appointment. Patients who need services during the remainder of the week are invited to call Wahta Health Hub.

The District of Muskoka hosted a Port Severn Seniors HAPPY Days fair, where NP Donna Kearney spoke about the aging process and the Top Ten Ways to Improve the Aging Experience. The group of 40 seniors were engaged and eager to participate in a seniors' fitness test that afternoon.



## Wahta Hub

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Nurse Practitioner: Dana Strength  
Admin Assistant: Misty-Dawn Byrne  
705-762-1274

The Wahta location is open daily, with evening hours on Wednesdays. They are now offering physiotherapy among numerous other services.



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