

Pen Pal Program Volunteer

Purpose of Position:

- To provide socially isolated older adults with the opportunity to make social connections through the art of letter writing. Individuals build relationships through postal mail and a feeling sense of purpose and engagement.

Qualifications:

1. Interest in investing in a relationship with an older adult through letter writing
2. Ability to read and write
3. Reliable, friendly, and respectful
4. Willingness to participate in training programs (as required)
5. Willingness to obtain a Vulnerable Sector Check
6. Willingness to sign an oath of confidentiality

Roles and Responsibilities:

1. To commit to writing to a senior pen pal on a minimum monthly basis
2. To share personal interests and respectfully inquire about the senior's interests through regular written letters
3. To attend volunteer meetings and training sessions (when applicable)

Orientation and Training:

1. Initial orientation to agency and program
2. On the job training provided
3. Additional training workshops are offered as needs and opportunities are identified

Time: Flexible

Location: At home position

Commitment: One year, one letter per month minimum

Supervisor: Jennifer Middleton, Program Information Coordinator
Seniors Programs and Services
The District Municipality of Muskoka
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Benefits:

- Flexible way to contribute to one's community
- Sense of fulfillment in brightening another person's day
- Formal and ongoing recognition

